

In loving  
**MEMORY**



*Jennifer Ann Fitz-Roy*

AUGUST 1984 - SEPTEMBER 2023

*Celebrating*  
THE LIFE OF



*Jennifer Ann Fitz-Roy*

*August 2, 1984*



*September 3, 2023*

*Saturday, September 16, 2023 - 2:00 PM*  
*Glen Ridge Congregational Church*  
*195 Ridgewood Avenue - Glen Ridge, NJ 07028*  
*Rev. Jeff Mansfield, Officiant*

# Order of Service

*Prelude*

*Greeting and Words of Gathering*

*The Lord's Prayer*

*\*Hymn*

#543 Abide With Me

*Scripture Readings*

Verse 1, 2 Co 4:16-5:1  
Psalm 23

*Words of Remembrance*

Lily Monteleone  
Jena Tumbleson

*The Lord's Prayer*

*Words of Remembrance*

Millie Gonzalez

*Instrumental*

*Eulogy*

Don Fitz-Roy

*Homily  
Prayer*

Rev. Jeff Mansfield

*\*Hymn*

#525 Here I Am Lord

*Benediction*

*Postlude*

God Be With You Till We Meet Again

*\*Standing if able*

# Obituary

Jennifer Ann Fitz-Roy, born on August 2, 1984, and departed from us on September 2, 2023, left a remarkable legacy of resilience, advocacy, and adventure. Born with Spina Bifida, Jennifer illuminated the world with her indomitable spirit and infectious smile.

Jennifer excelled as a passionate disability advocate, graduating from Boston College in 2004 and working with the National Youth Leadership Network, consulting with providers, caregivers, and nonprofit organizations on issues impacting disabled youth. She volunteered often with nonprofit organizations that serve people with disabilities, and was an avid outdoor adventure and adaptive sports enthusiast. Through her life, she touched the lives of countless individuals, offering guidance, support, and hope.

Jennifer's accomplishments extended to the field of competitive rowing. Her time as a para-athlete, competitive rower and program manager at Community Rowing of Brighton, MA was a testament to her unwavering determination and her ability to surpass expectations. She achieved success out on the water and inspired others to reach for their dreams, proving that physical challenges need not limit anyone. In her travels, both near and far, Jennifer discovered the beauty of the world and embraced every moment of exploration. She competed on international stages, showcasing her unparalleled strength and fortitude.


Jennifer's radiant smile, remarkable sense of humor, and ever-present aura of positive energy brightens everyone's day. Her love for her faithful dog Benson, a 9-year-old puggle, was further evidence of her nurturing spirit, and their companionship brought boundless joy to her life. Preceded in death by both of her parents, Jennifer leaves behind her older brother, Don, and her Aunt Khadijah. She cherished the close-knit circle of friends and family she held dear since childhood and into adulthood, and touched the hearts of countless others she met on her remarkable journey.

Jennifer's memory will forever endure, reminding us to embrace life's challenges with grace and determination. She leaves a profound legacy of love, laughter, and the unshakable belief that anything is possible with an unwavering spirit. May her soul find eternal peace, and may her light continue to shine in our hearts.

# Because The Angels Came...

*No more grief or sorrow,  
No more suffering or pain  
Now there is everlasting peace  
Because the Angels came.*

*Only God knows what is best  
And He gently holds my hand  
Guiding me to a better place  
Because the Angels came.*



*When the sun rises tomorrow  
And I answer not my name,  
Please don't cry ... Rejoice with me  
Because the Angels came.*

*So please don't mourn for me  
As new wings I now claim.  
I can take my flight to heaven  
Because the Angels came.*



## With Gratitude

The family wishes to acknowledge all gestures of love, friendship, calls, cards, and thoughtful concerns during our time of bereavement with thankful hearts and sincere gratitude.

Professional Services Entrusted To:  
Woody "Home For Services"  
163 Oakwood Avenue  
Orange, NJ 07050