

In Memory of Sherry Adams | רחל Rachel

November 9th, 2025 | Cheshvan 18th, 5786

“My Beloved is Calling Me”

from *Metaphysical Meditations* by Paramahansa Yogananda

With flowers, with bright skies, with the divine manna of joy in happy minds,
with souls full of wisdom, with songs of the birds, with divine melodies in the
hearts of men, my Beloved is calling me to retrace my footsteps to His home
of peace within.

El Malei Rachamim: The One, Overflowing with Compassion

אל מלא רחמים שוכן במרומים, המצא מגותה
גכונה על פנפי השכינה במעלות קדושים ושהור
גזוהר הרקיע מנהירים את נשמת רחל, שהלך
לעולמה.
*El malei rachamim, shochein bam'romim,
hamtzei m'nuchah n'chonah al kanfay
Hash'chinah, b'maalot k'doshim ut'horim
k'zohar harakia mazhirim, et nishmat
Rachel shehal'chah l'olomah.*

אנא בעל הרחמים, יסתירה בסתר כנפיו
לעולמים, ויצרר בצרור החיים את נשמתה ה' ד
בחלתה, ותגוח בשלום על משכבה ונאמר אמר.
*Ana ba-al Harachamim yastireha b'seiter
K'nafav l'olamim, v'yitzror bitzror hachayim et
nishmatah, Adonai Hu nachalatah, v'tanuach
b'shalom al mishkavah. V'nomar: Amen.*

Source of Compassion,

May Sherry's soul find true and eternal rest.

May she rest on the wings of the Divine Presence in all that is sacred and
pure, shining like the radiance of the heavens.

May she be embraced by God, protected for eternity.

May she find her sacred shelter and rest there in peace.

And together, we say: **Amen.**

Mourner's Kaddish

יתגדל ויתקדש שמה רבא בעלמא דכרא כרעות
 ומליד מלכותה בתוכי וביומיכון ובחיי דכל בי
 ישראל בעגלה ובזמן קריב ואמרו אמן
*Yitgadal v'yitkadash sh'meih raba b'alma di
 v'ra chiruteih, v'yamlich malchuteih
 b'chayeichon uv'yomeichon uv'chaye d'chol
 beit Yisrael, baagala uviz'man kariv,
 v'imru: Amen.*

יהא שמה רבא מברך לעלם ולעלמי עלמיה תב
 ותשתבח ותפאר ותרום ותנשא ותהדר ותעז
 ותהלל שמה דקדשא בריך הוא לעלא מן כל
 ברקתא ושרתא תשבחתא ונתמתא דאמירו בעל
 ואמרו אמן
*Y'hei sh'meih raba m'varach l'alam ul'almei
 almaya. Yitbarach v'yishtabach v'yitpaar
 v'yitromam v'yitnasei, v'yit'hadar v'yitaleh
 v'yithalal sh'meih d'kud'sha b'rich hu, l'eila
 min kol birchata v'shirata, tushb'chata
 v'nechemata, daamiran b'alma, v'imru:
 Amen.*

יהא שלמא רבא מן שמיא ותיים עלינו ועל כל
 ישראל ואמרו אמן עושה שלום במרומי הוא
 יעשה שלום עלינו ועל כל ישראל ועל כל יושב
 תבל ואמרו אמן.

*Y'hei sh'lama raba min sh'maya, v'chayim
 aleinu v'al kol Yisrael. V'imru: Amen.
 Oseh shalom bimromav, Hu yaaseh shalom
 aleinu, v'al kol Yisrael, v'al kol yoshvei teveil.
 V'imru: Amen.*

May our lives reflect the greatness of the Divine Name throughout the world,
 sparks within the Process of Creation. May the world be ruled by our highest
 aspirations, soon, in our lifetimes. And let us say, **Amen.**

May the Divine Name be known as a Fountain of Blessings: praised, honored,
 beautified, elevated, and exalted beyond any song or description that has
 ever been uttered. And let us say, **Amen.**

May an all-embracing peace shower down from the heavens, refreshing the
 lives of all the people on earth. May the Source of Peace inspire us to make
 peace for ourselves, for our community, and for all the people on earth.

And let us say, **Amen.**

Translation by Lab/Shul

Prayer of St. Francis of Assisi (Prayer for Peace)

Lord, make me an instrument of your peace:
where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
where there is sadness, joy.

O divine Master, grant that I may not so much seek
to be consoled as to console,
to be understood as to understand,
to be loved as to love.

For it is in giving that we receive,
it is in pardoning that we are pardoned,
and it is in dying that we are born to eternal life.

***Zichronah Livrachah* זכרונה לברכה**

May Sherry's memory be a blessing forever.

Amen.