



In Loving Memory Of
Douglas "Ray" York
May 11, 1972-March 30, 2024

Let Me Go

When I come to the end of the road
And the sun has set for me
I want no rites in a gloom filled room
Why cry for a soul set free?
Miss me a little, but not for long
And not with your head bowed low
Remember the love that once we shared
Miss me, but let me go.
For this is a journey we all must take
And each must go alone.
It's all part of the master plan
A step on the road to home.
When you are lonely and sick at heart
Go to the friends we know.
Laugh at all the things we used to do
Miss me, but let me go.



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Douglas "Ray" York, 51, of Lebanon, TN, entered into Eternal Peace on March 30, 2024. He was born on May 11, 1972.

Ray, a beloved father, son & friend, leaves behind 2 sons, Hunter Gabriel York, 18, of Mt. Juliet, TN & Noah Layne York, 15, of Nashville, TN. His mother, Mary Willis Carroll & husband Raymond Carroll of Irvine, KY. His sister, Amy Witt & nephews John Ray & Thomas Johnson of Irvine, KY & a host of friends & family that will miss him terribly.

Ray was a dedicated employee at Ceva Logistics for many years. He was eager to learn, help others out and boost morale with his hilarious sense of humor. He has many dear friends there who deeply mourn his passing.

Ray loved his boys so much & they were his world. He touched others' lives in meaningful ways. He was and is deeply loved. We will always treasure his memory.

Arrangements:
Sunday, April 14th at Cedars of Lebanon State Park Assembly Hall, Lebanon, TN.
5:00-6:00pm-Receiving of Friends
6:00PM- Memorial Service

If you or a loved one ever feels overwhelmed by life or suffers from depression, please reach out for help.

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<p>TN Crisis Services & Suicide Prevention https://www.tn.gov/behavioral-health/need-help/crisis-services.html</p> <p>Tennessee Suicide Prevention Network https://www.tspn.org/</p> <p>Grief Resources: Alliance of Hope for Suicide Survivors http://www.allianceofhope.org</p> <p>Alive Hospice Grief Support https://www.alivehospice.org/</p>	<p>TN Crisis Services & Suicide Prevention https://www.tn.gov/behavioral-health/need-help/crisis-services.html</p> <p>Tennessee Suicide Prevention Network https://www.tspn.org/</p> <p>Grief Resources: Alliance of Hope for Suicide Survivors http://www.allianceofhope.org</p> <p>Alive Hospice Grief Support https://www.alivehospice.org/</p>
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