



A Life Well Lived

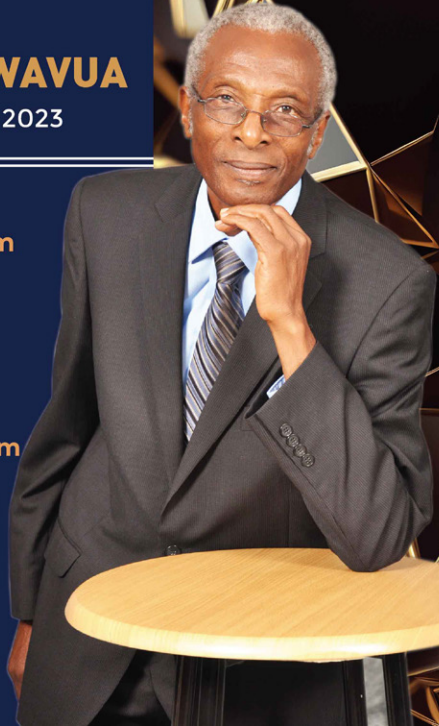
ELDER H. K. MWAVUA

APRIL 12, 1944 - SEP 15, 2023

**WEDNESDAY,
OCTOBER 11TH - 1:30 p.m**
FUNERAL SERVICE
**NAIROBI SOUTH SDA
CHURCH**

**FRIDAY,
OCTOBER 13TH - 10:00 a.m**
INTERMENT
TAITA-TAVETA COUNTY
MBALE LOCATION
MOGHO MANGUWA
VILLAGE

FAITH , HOPE , PEACE



ORDER OF SERVICE

Wednesday, October 11th 2023, 1:30 p.m
Nairobi South SDA Church

Prelude	Nairobi South SDA Church Choir, Instruments of Praise, Shofar
Welcoming Remarks and Opening Prayer	Elder George Kidenda
Hymn of Hope: #330 "Take My Life, And Let it Be"	Congregation
Scripture of Meditation: Psalm 32:8	Elder Humphreys Ogeto
Central Bank of Kenya - Governor's Message of Condolence	Representative
Reflection on behalf of the Nairobi South SDA Church	Elder Peter Arunga
Musical Selection: "Bwana ni Mchungu, Sitahitaji"	Victory Singers
Tribute	Mrs. Susan Odera
Words of Encouragement	Dr. Paul Wangai
Musical Selection: "Sometimes It Takes a Mountain"	For Him Ministries
Reflection	Lady Justice Mary Ang'awa
Scripture of Meditation: Galatians 5:22-23	Emmy Mwavua (daughter)
Family Tributes	William Mwasi (nephew), Josephine Mutungi (niece)
Musical Selection: "No Night There"	Victory Singers
Eulogy and Reflection	Andrew Mwavua (son)
Musical Selection: "Kuenda Nyumbani"	Shofar
Reflection	Emmy Mwavua (daughter)
Musical Selection	Victoria Kitonga
Reflection	Daniel Mwavua (son)
Musical Selection: "Sweet Hour of Prayer/Abide With Me"	Pastor Joshua Kuria
Reflection	Jacque' Mwavua (daughter)
Reflection, Nairobi South SDA Church Alumni Choir	Mrs. Eunice Mwavua (wife)
Homily	Pastor Jeanne Mogusu
Musical Selection: "We Shall Behold Him"	Jacque' Mwavua (daughter)
Charge to Family	Pastor Kigundu Ndwiga
Hymn of Hope: #529 "Under His Wings"	Congregation
Vote of Thanks	Elder Kefa Muga
Announcements	Elder George Kidenda
Scripture of Affirmation: 2 Timothy 4:7-8	Pastor Benard Ombori, Nairobi South SDA Church
Postlude: "Usinipite Mwokozi" (#22 Nyimbo Za Kristo)	Congregation

ORDER OF SERVICE

Friday, October 13th 2023, 10:00 a.m
Mogho Manguwa Village, Mbale Location, Taita-Taveta County

Prelude	Serienyi SDA Church Choir Heroes of Faith
Welcoming Remarks and Opening Prayer	Elder David Khalaghe
Taita Hymn	Congregation
Scripture of Meditation: Micah 6:8	Elder John Mghalu
Central Bank of Kenya Tributes	CBK Staff
Musical Selection	Pastor Joshua Kuria
Family Tributes	Kambale Mwasi (nephew) Raymond Kambale (nephew)
Musical Selection	Victoria Kitonga
Words of Encouragement	Bishop Josephine Kitonga, Founder, Redeemed Gospel Church
Musical Selection	Serienyi SDA Church Choir
Eulogy and Reflection	Mrs. Eunice Mwavua (wife)
Musical Selection	Heroes of Faith
Homily	Pastor Kigundu Ndwiga
Swahili Hymn	Congregation
Message to Family and Relatives	Pastor Jeanne Mogusu
Prayer for the Family	Elder Kefa Muga
	Internment
Repast	All are welcome

ELDER HK MWAVUA EULOGY



Elder Hezbon Kepha Mwavua, affectionately known as 'HK' by his family, was born on April 12, 1944. He was the youngest of eight children born to Daniel Kambale and Lillian Emmy Samba in Mogho Manguwa Village, Talta-Taveta County, Kenya. HK was a loving and obedient child, with a quiet and reserved nature. From a young age, his strong moral compass was evident; he deeply opposed any form of injustice and detested seeing unnecessary suffering.

HK had a fondness for cattle. He assisted his parents by tending to them, displaying the qualities of a devoted shepherd. It pained him deeply whenever any of his bulls were injured or passed away.

Education played a significant role in HK's life. He attended Teriny Primary School, then Maynard Upper Primary in Talta, and finally, Baptist High School in Mombasa Coast Province. A diligent student, he particularly enjoyed Math, English, and Geography.

HK was also athletically gifted, representing his school in track events like the 400 and 800 meters, and in field events like the high and long jump. Perhaps due to his rural upbringing, he always cherished physical activity, from gardening in his younger days to playing squash later in life.

Family was central to HK's life. The premature loss of his father, shortly before his Form Four examinations, deeply affected him. Though this tragedy hindered his dream of attending medical school, it set the stage for his later connection with the Seventh-Day Adventist Church's holistic health message.

Instead of pursuing medicine, HK attended a cooperative college, graduating as a Cooperative officer. He further enriched his education with evening classes in private colleges, discovering a passion for accounting and auditing. His professional journey began as a Cooperative officer in the Government of the Republic of Kenya's Ministry of Cooperatives in Nairobi.

HK's most rewarding assignment was auditing the Cattle Farmers' Cooperative Societies in Maasailand. Here, he built deep relationships with the Maasai people, even being inducted as an Elder within their community. The Government of Kenya later promoted him to Senior Auditor, a position he held until his early retirement.



Love found HK in Talta where he first met Sasha (Eunice). Their paths crossed again in Nairobi, leading to their marriage on November 4, 1972, at the All Saints Cathedral. Their blessed union produced four children: Emmy, Jacque, Daniel, and Andrew.

The Mwavua couple were devout Christians, regularly attending the All Saints Cathedral, an Anglican church. However, health seminars by the Seventh-Day Adventist Church profoundly influenced them, ultimately leading them to join this faith.

HK was known for his unwavering principles. He notably departed from the widely accepted practice of corporal punishment, raising disciplined children with love and firmness.

Service was a cornerstone of HK's life. The Nairobi South SDA Church recognized his dedication, ordaining him as an Elder. Even in the bonus years of his life, he continued to serve the community. In 2009, he and his wife established the Hekima Health Lifestyle Center in the Talta Hills. In 2010, they moved back to Nairobi, aiding those in need.

In 2018, the Mwavuas traveled to the US for family visits and medical consultations. Maryland became their permanent residence. However, in 2023, a pancreatic cancer diagnosis marked the final chapter of HK's life. He passed away on September 15th.

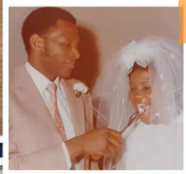
Known for his quiet dignity, many may not know that Elder Mwavua had a rich inner world. His love for music and reading endured throughout his life, but as a young man, he was quite the dancer. He had refined tastes, with a penchant for quality clothing. HK also had impressive culinary skills. He was a multi-faceted individual.

His diagnosis was met with the same composed dignity and unwavering faith he was known for. As tributes flowed in, his legacy became evident – in his children, his granddaughter Ava-Malalika, and in the countless lives he touched.

Elder H.K. Mwavua embodied **2 Timothy 4:7-8**. *He fought a good fight, finished his race, and kept the faith. A crown of righteousness surely awaits him in heaven. Even so, come Lord Jesus.*

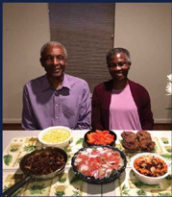
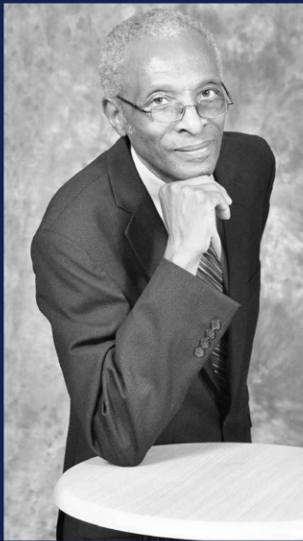


*AK Mawua Wedding
& Family Photos*

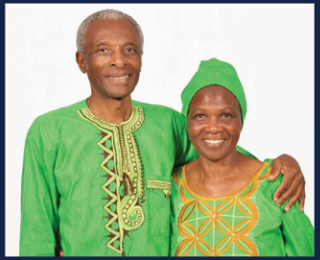


*I have fought the good fight,
I have finished the race,
I have kept the faith.*

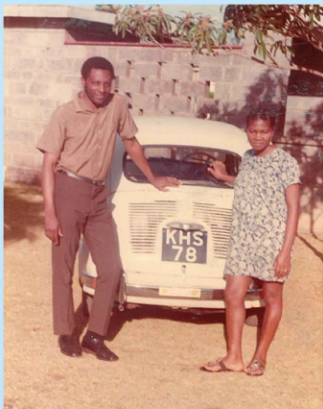
2 Timothy 4:7







TRIBUTES



Being able to grieve as a church is a gift so sacred and one so intrinsic to the human experience, and up to 2020 (Covid outbreak) one we never entirely valued. Especially if you consider how geographically spread out Nairobi South Church members have been blessed to become since her groundbreaking.

My heart is hemorrhaging for: mum, @Emmy, Jackie, Daniel, & Andrew in particular & the Church at large. But as wrecked as our hearts are with sorrow for our devoted founding member, they are also overflowing with deep gratitude, great love and the sweetest of memories of dad.

Elder Mwavua has left us a glowing legacy. His warmth, his smile, his strength, his gentleness, his kindness, his selflessness, and his integrity are what I especially remember most whenever I think of South Church.

These were gifts to anyone who had the good fortune of being known by him and loved by him.

He was a man of deep thoughts, faith, and few words. And his love flowed deep and wide, not only to his family but also to his Church and community. He was one of a kind, a gem we will treasure in our hearts... always



By Erick Teya







Now unto Him who is able to do exceedingly abundantly above all that we ask or think, according to the power that works in us, to Him be glory in the church by Christ Jesus to all generations, forever and ever. Amen.

Ephesians 3:20-21

